

Unique Programs

New!

Young Entrepreneur's Program

The Young Entrepreneur's program is designed to enhance learning development through reading basic business books, young entrepreneur articles and success stories. Through writing, students will write a basic business plan based on their level of learning development. Math will be enforced by developing bank accounts, comparing how to invest in order to profit and how money is earned. We will practice the use of calculators throughout the entirety of the club enrollment. Fee includes instruction and materials.

PROGRAM #: 320902-01
320902-02
LOCATION: Oakwood Recreation Center
AGE: 6 to 14 year olds
TIME: 5:30 to 6:30 p.m.
DAY: Tuesday
DATES: Sess. I: January 17 to February 21
Sess. II: February 28 to April 3
REG. DEADLINE: January 12
DATES: Sess. II: February 28 to April 3
REG. DEADLINE: February 23
WEEKS: (2) 6 week sessions
FEE: \$75.00 / NR \$80.00 per session
LIMIT: Min. 5 / Max. 10
INSTRUCTOR: Telisa Randle

Intro to Robotics

Hey get ready for Robotics!! This is not your ordinary Robotics this is applied science concepts. Participants will apply science and learning concepts to design, engineer, and create robots using Lego NTX Systems. Also included in this Robotics class is an intermediate version of Robotics called VEX. If you are interested in science and technology than this class is for you! Projects will include programming, ultra sound, light, sound, touch and other robotic sensors. This class will also allow you to prepare for a robot upcoming events and competitions.

PROGRAM #: 31028-01 (I)
31028-02 (II)
LOCATION: Oakwood Recreation Center
AGE: 6 to 13 years old
TIME: 6:00 p.m. to 8:00 p.m.
DAY: Thursday
DATES: Session I: January 26
Session II: March 22
REG. DEADLINE: Session I: January 21
Session II: March 17
WEEKS: (2) 6 weeks
FEE: \$60.00
LIMIT: Min. 4 / Max. 15
INSTRUCTOR: Bernard Key

RC Car Racing Fundamentals

Have you ever dreamed of being a race car driver? Do you love radio controlled cars? If the answer is yes than this is a class for you! This course will introduce you to the exciting hobby and sport known as On-road Road Controlled Car Racing. Participants will learn how to prepare race cars and drive them on a closed circuit race course. You will learn major turn configurations such as hairpin, 30/45/90 degree, chicane, switchback, and sweeper to name a few. Aerodynamics, suspension, drive train, battery technology and related technical topics will be discussed and reinforced during track time. Professional grade 1/14 scale electric radio controlled cars are used.

PROGRAM #: 38028-01 (I)
38028-02 (II)
LOCATION: Oakwood Recreation Center
AGE: 10 to 18
TIME: 12 p.m. to 1:30 p.m.
DAY: Saturday
DATES: Session I: January 28 to March 3
Session II: March 24 to April 28
REG. DEADLINE: Session I: January 14
Session II: March 17
WEEKS: (2) 6 week sessions
FEE: \$45.00
LIMIT: Min. 4 / Max. 15
INSTRUCTOR: Kenneth Echols



Life Line Screening

These health screenings will be offered for people 40-years-old and older. The vascular screenings are performed using Doppler color flow ultrasound systems and include the following:

- 1) **A Carotid Artery Screening** - visualizes the build-up of plaque in the carotid arteries, which leads to stroke. (Most strokes are linked to carotid artery blockage);
- 2) **An Abdominal Aortic Aneurysm (AAA) test** - looks for an enlargement in the abdominal aorta that could lead to a ruptured aortic artery. The vast majority of people who have an aneurysm have no symptoms;
- 3) **An Ankle Brachial Index (ABI)** - screens for peripheral arterial disease in the lower extremities, which is closely linked to coronary artery disease.
- 4) **Bone density screening**, which tests for the early signs of osteoporosis.
- 5) **Atrial Fibrillation (Afib)** - A test to measure irregular heartbeat, may be added to any vascular package for only \$20.00.

You must pre-register by calling **1-800-324-1851**. These screenings are completely painless, non-invasive, and require ten minutes or less each to complete. The cost for all four vascular screenings is \$139.00, or, all five tests, (which includes the osteoporosis screening) for only \$149.00.

Please call **1-800-324-1851** for appointment.

LOCATION: Oakwood Recreation Center
4450 Oakwood Lane, Matteson
TARGETED AGE: 40 years and older
DAYS/DATE: Wednesday, February 29
TIME: 9:00 a.m. to 5:00 p.m.
REG. DEADLINE: Call Life Line by February 28, 2012
FEE: \$60.00 per individual test
LIMIT: Min. 15 / Max. 91

New!

Giggles and Grace Charm School

Every girl is a precious gem and early manners matter! The mission of the Giggles and Grace Charm School is to provide young girls the training of basic etiquette with fun, modern and interactive guidance. The six week program will be covering the following topics: Social Communication, Table Manners, Conduct in Public Places, Image and Clothing I and Health and Nutrition. There will be a special ceremony after the completion of each six week session. The fee includes: hands-on training, materials, mini meal for table manners, personal customized workbook, and refreshments served at each class.

PROGRAM #: 320901-01 (I: 10:30 a.m.)
320901-02 (I: 12:30 p.m.)
320901-03 (II: 10:30 a.m.)
320901-04 (II: 12:30 p.m.)
LOCATION: Oakwood Recreation Center
AGE/ TIME: Precious Pearls: 4 to 6 year olds:
10:30 a.m. to 12:00 p.m.
Radiant Rubies: 7 to 9 year olds:
12:30 p.m. to 2:00 p.m.
Dazzling Diamonds: 10 to 12 year olds:
12:30 p.m. to 2:00 p.m.
DAY: Saturday
DATES: Sess. I: January 28 to March 3
Ceremony: March 10
January 23
Sess. II: March 17 to April 28
(No class April 7)
Ceremony: May 5
REG. DEADLINE: March 5
WEEKS: (2) 6 week sessions
FEE: \$100.00/ NR \$105.00 per session
LIMIT: Min. 5 / Max. 12
INSTRUCTOR: Rosiland Wallace